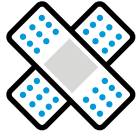


Concussion Rehabilitation Program

RETURN TO YOUR LIFE, RETURN TO SPORTS



Any type of head trauma can result in a concussion.

- falls
- motor vehicle accidents
- bicycle accidents
- collisions in sports



These along with exercise intolerance continue. This propagates inactivity, muscle atrophy, and balance deficits.



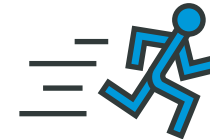
Symptoms can decrease and resolve with manual treatment, balance training, visual training, progressive exercise, and graded sports training.



Headache, loss of balance, dizziness, visual problems, issues with concentration.



A physical therapist will evaluate history, symptoms, posture, balance, and perform special tests.



When symptoms are at a baseline level, physical therapists can efficiently transition an individual to perform more difficult activities and create an effective home exercise program.

After a concussion it can be difficult to perform tasks that were once simple.



Choose to Move Again

A physical therapist can evaluate and treat a person suffering from post-concussive symptoms.

Under the care of one of our physical therapists, a person can return to everyday activities with less difficulty and have a safe return to athletics.